

SAVE THE DATE



STRESSED OUT?

Self-regulation tools for individuals and organisations

Meet the VOCIS partners on

Thursday, 14/12/2017

at Maison d'Accueil des Soeurs Franciscaines
50 avenue Gaston Diderich L-1420 LUXEMBOURG



What to expect in the VOCIS workshops?

- Experience tools to develop your Inner Self and reduce stress in your professional and private life.
- Explore materials and training modules for coaching or teaching activities.
- Get hints about how to start and successfully run a peer coaching process.
- Learn about training of the Inner Self in initial and continuous vocational education and training.
- Network with experts to exchange ideas and experience.

Who should attend?

Coaches, trainers, teachers, students, HR specialists, managers, professionals from the social sector

Contact

danielle.schronen@caritas.lu
Tel. +352 402131255
www.vocis.org